

## National and Statewide Data Series

### Young women and girls

These key Australian and Victorian datasets and reports may be useful where local government level data is not available in the Women's Health Atlas, or where broader context is needed.

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#### Overview: young women and girls

- [Youth Survey](#)  
Mission Australia, annual, ongoing
  - [The State of Victoria's Children report](#)  
Victoria. Department of Education and Training, annual, ongoing
  - [Victorian public health and wellbeing outcomes dashboard \[Portal\]](#)  
Victoria. Department of Health, 2024  
Reports on a wide range of adolescent and child health and wellbeing measures by sex. directly aligned with Victorian Government health promotion objectives and outcomes
  - [Growing Up In Australia: the Longitudinal Study of Australian Children](#)  
Australian Institute of Family Studies, ongoing
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- [Growing up unequal: how sex and gender impact young women's health and wellbeing](#)  
Women's Health Victoria, 2017
- [2014 Major report: Health and wellbeing of women aged 18 to 23 in 2013 and 1996](#)  
Australian Longitudinal Study on Women's Health (ALSWH), 2014

## Sexual and reproductive health: young women and girls

- [7th National Survey of Australian Secondary Students and Sexual Health 2021](#)  
Australian Research Centre in Sex, Health & Society, La Trobe University, 2022  
All results are reported by TGD in addition to cisgender Male and Female
- [Victorian young people and sexual health 2018: findings from the 6th National Survey of Australian Secondary Students and Sexual Health](#)  
Australian Research Centre in Sex, Health and Society, La Trobe University, 2022.
- [Young people and sexual health in rural and regional Victoria: a discussion paper](#)  
Youth Affairs Council of Victoria and the Victorian Rural Youth Services initiative, 2013
- [The impact of endometriosis on work ability in young Australian women](#)  
ANZJOG, 2023
- [Victorian public health and wellbeing outcomes dashboard \[Portal\]](#)  
Victoria. Department of Health, 2024  
- Condom use - adolescents

## Violence against young women and girls

- [Attitudes matter: the 2021 National Community Attitudes towards Violence against women survey \(NCAS\): findings for young Australians](#)  
Australia's National Research Organisation for Women's Safety (ANROWS), 2023
- [Young Women's Report: a report of the Young Women and Non-Binary People's Forum 7 July 2021 and AWAVA's Young Women Survey 2021](#)  
Australian Woman Against Violence Alliance (AWAVA), 2022  
Diverse representation of young women and non-binary people aged 15 to 32.
- [Free To Be Online?: girls' and young women's experiences of online harassment](#)  
Plan International Global Hub, 2020  
- 35 countries, including Australia
- [Women's safety in Victoria: findings from the Women's Safety Survey 2020](#)  
Youth Affairs Council, 2020
- [We Can Lead: young people in Australia share their views on sexism and misogyny in politics in 2021: and what needs to change](#)  
Plan International Australia, 2021
- [Reporting to authorities: girls' and young women's experiences of reporting street harassment](#)  
Plan International Australia, 2019
- [A right to the night: Australian girls' on their safety in public spaces](#)  
Plan International Australia and Our Watch, 2016

## Mental health: young women and girls

- [headspace National Youth Mental Health Survey 2022](#)  
National Youth Mental Health Foundation, 2022
- [Australia's youth: mental illness](#)  
Australian Institute of Health and Welfare 2021
- [Walkern Katatdjinn \(Rainbow Knowledge\) Phase 2 National Community Survey Report](#)  
Telethon Kids Institute and Kulbari, Murdoch University, 2023  
A national research project that aims to understand and promote the mental health and wellbeing of Aboriginal and/or Torres Strait LGBTIQA+ young people, and to work with services to develop appropriate interventions
- [Victorian public health and wellbeing outcomes dashboard \[Portal\]](#)  
Victoria. Department of Health, 2024
  - Life satisfaction - adolescents
  - High resilience - adolescents
  - Access to a trusted adult - adolescents
  - Psychological distress – ages 10 to 17
  - Alcohol use – ages 12 to 17
  - Smoking – ages 12 to 17

## Healthy living: young women and girls

- [Clustering of lifestyle and health behaviours in Australian adolescents and associations with obesity, self-rated health, and quality of life](#)  
*BMC Public Health*, 2023
- [Health behaviours and risk factors of Australia's females](#)  
Australian Institute of Health and Welfare, 2023
  - many tables include ages 18 to 24 years
- [Victorian public health and wellbeing outcomes dashboard \[Portal\]](#)  
Victoria. Department of Health, 2024
  - Self-rated health – ages 10 to 17 years
  - Fruit and vegetable consumption – ages 10 to 17 years
  - Physical activity – ages 10 to 17 years
  - Overweight or obese – ages 5 to 17 years
  - Electronic media use - ages 10 to 17 years

## Chronic disease: young women and girls

- [Australia's Children and Young People Health Tracker](#)  
Victoria University, 2019  
Brief report card on preventable chronic diseases, conditions, and their risk factors
- [Chronic musculoskeletal conditions: Juvenile arthritis](#)  
Australian Institute Health and Welfare, 2023

## Socioeconomics: young women and girls

- [A young and multicultural Victoria: the 2021 Census](#)  
Centre for Multicultural Youth, 2023
- [The Dream Gap: Australian girls' views on gender equality](#)  
Plan International, 2017
- [Everyday Sexism: girls' and young women's views on gender inequality in Australia](#)  
Plan International Australia and Our Watch, 2016
- [Victorian public health and wellbeing outcomes dashboard \[Portal\]](#)  
Victoria. Department of Health, 2024  
- Full time education or work - ages 17 to 24 years

## Aboriginal and Torres Strait Islander young women and girls

- [Wiyi Yani U Thangani Youth Statement](#)  
Australian Human Rights Commission, 2023
- [Footprints in Time: The Longitudinal Study of Indigenous Children](#)  
Australia. Department of Social Services, ongoing
- [Walkern Katatdjin \(Rainbow Knowledge\) Phase 2 National Community Survey Report](#)  
Telethon Kids Institute and Kulbardi, Murdoch University, 2023  
A national research project that aims to understand and promote the mental health and wellbeing of Aboriginal and/or Torres Strait LGBTIQ+ young people, and to work with services to develop appropriate interventions

## LGBTIQ+ young people

- [Writing Themselves In 4: the health and wellbeing of LGBTQA+ young people in Australia : Victoria summary report](#)  
Australian Research Centre in Sex, Health and Society, La Trobe University, 2021
- [Walkern Katatdjin \(Rainbow Knowledge\) Phase 2 National Community Survey Report](#)  
Telethon Kids Institute and Kulbardi, Murdoch University, 2023  
A national research project that aims to understand and promote the mental health and wellbeing of Aboriginal and/or Torres Strait LGBTIQ+ young people, and to work with services to develop appropriate interventions

## Migrant and refugee young women and girls

- [A young and multicultural Victoria: the 2021 Census](#)  
Centre for Multicultural Youth, 2023

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## Feedback and suggestions

We welcome feedback and/or suggestions for key Australian and Victorian datasets to consider including in this resource. Please send an email to: [atlas@whv.org.au](mailto:atlas@whv.org.au)

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